

Our BREAKFAST

Main Menu

VALLEY OF THE POOLS | HOLIDAY MENU

Strictly served until 11am.

Break Even R60
2 eggs, 3 bacon, salsa & toast.

Rise and Shine R110
2 eggs, 4 bacon, salsa, pork sausage, mushrooms, chips and toast.

Brekkie Bun R60
Soft toasted bun loaded with bacon and a fried egg.

Veggie Bun (V) R60
Spiced chickpea patty, gouda cheese, fried egg and salsa served on a soft toasted bun.

Lambo R100
2 eggs, lamb sausage, sliced gouda, chips, salsa and toast.

Our Smashed Avo R90
Ciabatta topped with smashed avo, crisp lettuce & tomato napped with a soy, honey, lime and Sriracha dressing.
Add bacon or halloumi R20.

Mince on Toast R90
2 pieces of toast topped with bolognese, gouda and 2 eggs.

Veggie Stack R80
Toast topped with spiced falafel, avo, yoghurt, salsa and an egg done just the way you like it.

VOP Surf Bowl R150
Smoked salmon, fresh sliced avo, sautéed mushrooms, baby spinach and 2 poached eggs, garnished with nori and sesame.

Nourish Bowl (V) R85
Hot oats, yoghurt, house made granola and banana slices.

Croissants

Chicken Mayo R80
Sliced tomato and crisp lettuce

Bacon R95
Scrambled egg, avo and cheese

Smoked Salmon R130
Scrambled egg, rocket salad, smoked salmon and horseradish cream.

Caprese (V) R80
Gouda, mozzarella, tomato and cashew nut pesto drizzled with balsamic reduction.

Kiddies

Kiddies Brekkie R40
Bacon, egg and toast.

Chicken Strips & Chips R80

Chicken Burger & Chips R65

Toasted Sarmie & Chips

Beef Burger & Chips R65

Chicken Mayo R65
Cheese & Tomato R60
Cheese & Ham R65

Milkshakes R40/R60
350ml or 500ml

Ice Cream Tubs R25
125ml assorted flavours

BURGERS

All burgers served with our short rib beef patty and chips. Make it double +R20.

Oh Cheeses R110
Topped with grilled mozzarella, gouda and cheese sauce.

The Animal R140
Slow braised pulled BBQ pork, topped with a fried egg.

Veggie Burger (V) R100
Moroccan spiced chickpea patty with harissa, yoghurt and pickle.

Plain Jane R90
Tomato, pickle and lettuce.

Sweetie Bird R120
Crispy chicken dunked in Sriracha, lime & honey.

Chipotle Burger R100
Smoked pepper sauce and jalapeño.

Cheese & Bacon R140
Loaded with bacon, sliced gouda and cheese sauce.

Smoothie & Juice Bar

Peanut Butter Smoothie

Peanut butter, dates, plain yoghurt, cocoa powder and banana.

R65

Chocolate Smoothie

Almond nut butter, banana, coconut milk, cacao nibs, dates, cinnamon, cocoa powder & chia seeds.

R65

Mixed Berry Smoothie

Blueberries, strawberries, cranberries, banana, chia seeds and vanilla yoghurt.

R65

Cold Pressed Juices

SUNRISE JUICE
100% Orange Juice. R35

FLU FLIGHTER JUICE
Carrot, apple, orange, granadilla, ginger. R40

GREEN DRAGON JUICE
Apple, cucumber, spinach, kale, mint. R40

TSHABALALA JUICE
Beetroot, apple, raspberry, carrot, ginger. R40



PIZZA

Focaccia (V)

Drizzled with garlic infused olive oil finished with fresh herbs.

R60

Romano

Napoletana, anchovies, olives, garlic and capers.

R160

Margherita (V)

Cheese, tomato and herbs.

R100

Florentino (V)

Spinach, olives, feta and mushroom (no tomato base).

R150

Mafiosa

Salami, olives & feta dressed with garlic, herbs and olive oil.

R150

The Fab

Bacon, avo and feta.

R150

Medina

Creamy chilli chicken with yoghurt, coriander and crispy onion (no tomato base).

R160

The Roadblock

Our slow roasted pulled BBQ pork, feta and avo topped with rocket.

R170

Hawaiian

Ham and pineapple.

R130

Regina

Ham and mushroom

R130

Atlanta

Artichoke, salami, spinach and parmesan topped with a creamy herb dressing.

R170

Pepper Pig

Pepperdew, pepperoni, cracked black pepper and honey (this really works!).

R150

Mexicana

Spiced mince, jalapeño, avo and coriander.

R170

Quattro Formaggi

Blue cheese, feta, cream cheese, mozzarella and rocket.

R140

Salad Bowls

OPTIONAL ADD ONS: Chicken R20 | Salmon R30

Crunchy Club Salad

Crunchita leaves, rosa tomato, avo, cucumber, feta, toasted seeds, crispy onion, club dressing.

R90

Budda Bowl

Avo, chickpeas, tomato, cucumber, edamame, bean sprouts, iceberg and a sesame miso dressing.

R90

Caesar Salad

Cos lettuce, crispy bacon, parmesan, croutons, coated in our Caesar dressing.

R90

Tuna Poke Bowl

Fresh tuna in lime & honey, sticky rice, edamame, cucumber, carrot, and kewpie mayo.

R100

VOP FAVOURITES

Wings Share Bowl

R190

10 sticky BBQ or Peri-Peri wings served with chips or salad.

Fish and Chips

R110

Beer battered, served with tartare sauce.

Bowl of Prawns

R280

10 tiger prawns grilled in Peri-Peri or lemon & herb butter sauce, served with chips or salad.

Korean Chilli Chicken

R130

Crispy Korean chilli chicken, served with sticky rice, sautéed bok choy, sesame seeds and an Asian style dressing (no side).

Homemade Cakes Slice of Chocolate or Carrot Cake. R60

SUSHI BAR

California Roll

4PC

Veg R45 | Prawn R50 | Tuna R55 | Salmon R60

Fashion Sandwich

4PC

Veg R50 | Prawn R55 | Tuna R60 | Salmon R65

Rainbow Roll

4PC

Prawn R60 | Tuna R65 | Salmon R70

Bamboo Roll

4PC

Veg R55 | Prawn R60 | Tuna R65 | Salmon R70

Roses

3PC

Tuna R58 | Salmon R63

Sashimi

4PC

Tuna R75 | Salmon R80

Bean Curd

2PC

Prawn R50 | Tuna R55 | Salmon R60

Sushi Salad

BOWL

Cucumber ribbons and chopped avo topped with mayo, yakitori sauce and crispy onion.

Prawn R105 | Tuna R115 | Salmon R125

12 Piece Platter

California Rolls, Rainbow Roll & The Crunch.

Prawn R185 | Tuna R190 | Salmon R195

24 Piece Platter

Prawn Bean Curd, Tuna Nigiri, Salmon Bamboo Roll, Prawn California Roll, Salmon Fashion Sandwich, The Avalanche, Tuna Crunch | R440

The Avalanche

4PC

Prawn Bamboo roll topped with tempura prawn and our signature sauce | R90

The Crunch

4PC

California roll filled with cream cheese, fried and topped with mayo and sweet chilli sauce.

Prawn R70 | Tuna R75 | Salmon R80

Zimbali Long Beach Roll

4PC

Tempura prawn and cream cheese California roll, topped with avo, mayo, tempura crumbs and Yakitori sauce | R115

OYSTERS

Fresh Large Zimbali Oysters

Served with Tabasco and lemon wedges.

R45

